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Specification By Example for Educational Purposes

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ABSTRACT
The Specification By Example (SBE) is a guideline for building the right software, a software that meets customer requirements. It is based on seven process patterns and enhances communication and collaboration and it usually is used in agile software development. The connection between education and agile software development sounds actually as an emergent topic. In this paper, we propose to structure a teaching approach in analogy to an agile software development by transposing each process pattern of SBE to a corresponding one in the teaching domain. Moreover, we show that thanks to the emergence of a collective intelligence process, the students are more confident and more responsible. Such a course offers the opportunity to learn not only technical skills, but also some values in a new mindset.

Keywords
Agile Software Development; Specification by Example; Agile Teaching

1. INTRODUCTION
“Building the product right and building the right product are two different things. We need both in order to succeed”. From this observation, Godjko Adzick builds a collective knowledge by studying over 50 software projects [1]. The related process consists of gathering examples to clarify requirements, deriving tests and automating them. Specification By Example (SBE) is also defined as an approach of software development based on seven process patterns that help teams to build the right software product by writing just enough documentation to facilitate change effectively in short iterations or in flow-based development [1]. It also enhances communication and collaboration and it usually is used in agile software development.

The connection between agile software development and education sounds actually as an emergent topic. Some positions are developed concerning agile manifesto1, agile values2, the Scrum framework3 and more generally agile approaches4. These propositions suggest the idea that education today needs a “refactoring”. While the agile manifesto proposes to evolve from a traditional plan-driven paradigm to a value-driven paradigm, the agile school manifesto suggests an evolution from traditional teaching-approaches to new learning approaches.

We propose a teaching approach in analogy to an agile software development by transposing each process pattern of SBE to a corresponding one in the teaching domain. The result of the transposition is a guideline usable by teachers to produce the right course as the agile methodologies are used to produce the right software.

As example, we use a software product methods course that we gave to eighty-two-year french undergraduates. This course is a part of French National Pedagogical Program (PPN), a common program to all technical colleges specialized in Computer Technology. The objective of this course is to present software development processes. We have chosen to teach agile software development.

This paper presents a transposition of the seven process patterns of Specification By Example to improve the design of a course. This is one section per process pattern with three paragraphs each: an overview of the original pattern in SBE, the corresponding pattern in teaching-domain, and an example on the software development processes course. The next section gives some considerations about the concept of right course and gives a toolkit of our proposal.

2. BACKGROUND AND CONTEXT
Traditional teaching approach is teacher-centered and often relies only on lectures and small exercises. Nowadays, we remark that students become more quickly bored and inattentive due to mismatches between students learning and teaching styles [8]. To improve the quality of courses and to help both teacher and students for a better alignment, we have designed a guideline based on SBE.

A definition of quality in the context of educational game is suggested in [21] as if it provides a positive learning effect, motivates students to study and provides a pleasant and engaging learning experience. We choose to use this definition to the right course whose the expectations in terms of

1https://www.infoq.com/articles/agile-schools-education
2https://pedagogieagile.com/2012/05/12/les-valeurs
3http://eduscrum.nl/en
4http://approchealpes.info
learning, collaboration, commitment and happiness to work are similar. The purpose of the right course is to enhance the individual student’s capability to participate in and contribute to collaborative learning process based on collective intelligence process. According to Lévy, Collective Intelligence (CI) is the capacity of human collective to engage in intellectual cooperation in order to create, innovate and invent [15].

The guideline is presented in the table 1. The first column provides original patterns of SBE. The second column provides corresponding teaching-domain patterns. And the last column provides practices used to implement the patterns. Teachers could design the right course by determining the right teaching resources as well as possible. For students, this guideline gives the opportunity to learn not only technical skills, but also some values in a new mindset.

Throughout this paper, we propose an analogy between the agile software development terminology and the teaching terminology. As we have already suggested to translate product into course, we also suggest to translate Product Manager into Course designer and requirements into syllabus of the course. Examples from SBE will be transposed to teaching resources.

3. DERIVING SCOPE FROM GOALS

Original pattern.
A best practice for this pattern is to start with a customer’s business goal and then to collaborate with the business to derive the scope. This pattern also first focuses on why something is needed and who needs it. For effectively collaborating, it recommends to ask how something would be useful before what you need to build it. “Impact Mapping” is a technique for deriving scope from goals which propose to build. A framework around four aspects of the software: goal (why), actors (who), impacts (how), and deliverables (what). [2]

Corresponding teaching-domain pattern.
This process pattern focuses on the course’s vision by answering why, who, how, and what. The why helps to define the objective of the course also called learning goals. The who depicts actors, usually students. The how identifies impacts to help actors to achieve the objective. The impacts of the teaching domain are learning outcomes (knowledge and competencies acquired or improved by students). The what helps to outline deliverables needed to support the impacts. For teaching, they are topics which are the transposition from features.

Example.
Our objective is to propose an introduction to agile software development in an agile mindset: Doing agile and Being agile with respect to the first levels of Bloom’s taxonomy suitable to undergraduates (knowledge, comprehension and application) [3]. The actors are students. There are three learning outcomes relative to agile practices: delivering the right product, delivering the product right, and delivering fast and regularly. There is one learning outcome relative to agile values and principles. The scope is also determined by higher-level topics which are: introduction to agile software development, overview of collaborative tools, introduction to Scrum, from traditional to agile software development, business model, agile requirements, user story, Scrum in practice, tests, and retrospective.

As the students were novices, this course’s vision has been suggested by the teacher. But in another context such as an advanced course, the course’s vision could be defined collaboratively by an open backlog and a collective vote.

4. SPECIFYING COLLABORATIVELY

Original pattern.
Specifying collaboratively enables to harness the knowledge and the experience of the whole team. It also creates a collective ownership of specifications, making everyone more engaged in the delivery process [1]. No document should be written in isolation. To collaborate effectively, most popular models are introduced: workshops (all-team or smaller), pair-writing, and even informal conversations. All-team workshops are useful to discover and learn about the business model. They are a good way to build a shared understanding of the requirements and produce a set of examples that illustrate a feature. The smaller workshops help to clarify or complete the specification. Pairing to write specifications allows to mature products by getting several different perspectives on a example. Mostly, collaboration needs a preparation phase to be efficient. It is easier to initiate a collective discussion if some examples have been prepared before.

Corresponding teaching-domain pattern.
Specifying collaboratively transposes to Teaching collaboratively. In SBE, collaboration models are classified according to the size of the team. In teaching domain, collaboration models will be classified according to the teaching approach.

We propose two kinds of collaboration models: inductive and deductive workshops. Induction is a reasoning progression that proceeds from particulars (observations, measurements, data) to generalities (governing rules, laws, theories). Deduction proceeds in the opposite direction [8]. Traditional teaching approach is deductive. The inductive approach includes problem-based learning, discovery learning, inquiry learning, or some variation on those themes which are characterized by [19] as constructivist based approaches. These approaches impose more responsibility on students for their own learning. They almost always involve students discussing questions and solving problems (active learning) and the work is done in groups (collaborative or cooperative learning).

The Participatory Action Research (PAR) is a collaborative process of research, education and action explicitly oriented towards social transformation [12]. To promote the emergence of a collective intelligence process, we propose to structure the workshops around a AAA-PAR strategy that consists in three ordered steps. The first step is the Arrangement time: the preparation phase where teacher prepares materials provided to the students to start the workshop. The second step is the Action time: the core of the workshop. During this step, the students collaborate to achieve the required learning goals. The self-organized development team of an agile software development also transposes to an autonomous student team. The behavior of the stakeholders is a crucial factor for the success of these workshops. The main teacher’s responsibility is to engage students in learn-
ing: he becomes the facilitator of the workshop [19]. He must ensure trust behaviors. Thirteen trust behaviors have been identified by [5], some of them are: demonstrate respect, create transparency, listen first, keep commitments, and extend trust. The third step is the Assertion time: a kind of workshop review. The teachers also encourages students to explicitly reflect on the events of the Action time and to examine the lessons learned about the workshop. An agile retrospective [6] is well-adapted at this time and the three following questions could be asked: What did you learn in this workshop? What is amazing in this workshop? Why will you reuse or not the workshop later?

Example.
Both inductive and deductive workshops are used in our course. Inductive workshops was preferred to respect the CI process and to promote the emergence of agile values. The teams are composed by six or seven students to respect the ideal size of an agile team.

5. ILLUSTRATING USING EXAMPLES

Original pattern.
Examples are used to clarify meaning in everyday conversation: they are concrete and less unambiguous. Illustrating requirements using examples is a way to specify with enough details that we can be checked by assertion. Using examples will ensure that the delivery teams focus on the right product and that they have a shared understanding of what the business users expect out of the system [1]. To be used from requirement analysis to testing, examples should be small, precise, realistic and easy to understand.

Corresponding teaching-domain pattern.
Illustrating with examples transposes to illustrating with teaching resources. We define a teaching resource as an activity used by a teacher to engage students in learning to achieve required learning goals.

Learning is presented as a two-step process involving the reception and processing of information [8]. The processing step may involve different learning’s models: simple memorization, inductive or deductive reasoning, reflection, action, and introspection or interaction with others. As students learn in many ways and as teaching methods are also various, learning styles and teaching styles are identified by [8]. A learning style should consider: perception (sensory or intuitive), input (visual or auditory), organization (inductive or deductive), processing (active or reactive), and understanding (sequential or global). A teaching style should consider: content (concrete or abstract), presentation (visual or verbal), organization (inductive or deductive), student participation (active or passive), and perspective (sequential or global).

When mismatches exist between learning and teaching styles, students become bored and inactive in class, do poorly on tests, and get discouraged about the courses [8]. To engage students in learning, a best practice is to choose the right teaching resources support by finding the better alignment between learning and teaching style. Sometimes, lectures are necessary to introduce or clarify a concept. For a better alignment of the right course, we suggest two others potential teaching resources.

Gamification is the process of using game-based mechanics, aesthetics and game thinking to engage people, motivate action, promote learning, and solve problems [11]. Game can also offer some moment of serendipity. The Assertion time is crucial to have benefits from games. A link between games, culture, happiness, learning, and productivity is shown in [16] and studied on an educational game in [20]. Innovation Games [10] or Game storming [9] give useful examples of gamification.

Project Based Learning (PBL) is perceived to be a student-centered approach to learn [4, 18]. The students need to produce a solution to solve a problem and an outcome in the form of a report. PBL focuses on large, open-ended problems, like many real-world problems [17]. It is based on five principles: students work together in groups; a real world problem that affects the life of the students is presented for investigation; students discuss findings and consult the teacher for guidance, input, and feedback: the maturity level of students skills determines the degree of guidance provided by the teacher; resulting products can be shared with the community.

Example.
Various teaching resources have been used: traditional lectures, games (lego-based approaches as Lego4Scrum or TDDLego[14]), collaborative workshops (story-writing workshop and Coding dojo). A PBL approach has also been adopted including collaborative workshops (product vision statements, story mapping, impact mapping) and innovation games (Product Box, Speed Boat). Gamification has been preferred to introduce concepts whenever possible. Videos from professional conferences have been watched in some lectures. To introduce the visual management, visual information has often been used with pictures, animations and sketches.
6. REFINING THE SPECIFICATION

Original pattern.
This pattern brings further informations about the specification. To be unambiguous, a good specification should be precise and testable, and concerns only business functionality. To be useful as long-term documentation, it should be self-explanatory, focused, and in domain language.

Corresponding teaching-domain pattern.
This pattern focuses on teaching resources details. It helps the teacher to refine the teaching resources and to improve it. A teaching resource should be focused about a specific competency and be well time-boxed to respect the duration of the workshop. To be precise, the application domain must be carefully chosen to promote the commitment of students. To be testable, an outcome must be defined. An outcome describes a way to verify and validate that the required learning goals are well-achieved. The tests in software development transposes to the outcome in teaching domain. Collective discussions induced by the teaching resource will be efficient only if everyone has a common understanding of it. A starter kit could prevent misunderstanding and promote self-organization of the activities.

Example.
Each teaching resource has been focused on a specific competency and time-boxed to respect the duration of a session. Each student team has chosen by collective vote his own application domain for the project used for the PBL workshops. At least, two major benefits can be highlighted with this kind of project. First, the product manager (a student) is always available. Then most of students feel involved because they could be quickly become the users of this application. A starter kit has been provided for each new teaching resources. It includes a roadmap, a brief summary of the concept taught, a description of required deliverable, a glossary, and bibliographical references. The outcome have been various as oral feedback, photos, and specific artifact or summary.

7. AUTOMATING VALIDATION WITHOUT CHANGING SPECIFICATIONS

Original pattern.
After refining the specification, the examples can be used as a target for the implementation and the validation of the software. The tests should often be run during the development to ensure quality of the product and to reduce delays of the feedback. This pattern focuses on automation, as a solution of a quick feedback. The automation has long-term benefits: having an objective measurement of when the job is finished, checking more frequently, and getting a living documentation [1].

Corresponding teaching-domain pattern.
Thinking about automation is asking about repetition of a learning resource. The repetition is a well-known best practice in teaching. By using different types of teaching resources on a same competency, we prevent the disalignment between teaching and learning styles, we respect the learning time of each student, and we offer different opportunities to apply the competency. This pattern focuses on teaching resources management. It helps to select suitable teaching resources by considering learning goals, learning styles and competency. A first sequence of teaching resources can be scheduled according to the sequence of topics. To ensure repetition of some competencies, new teaching resources can be introduced. During the course, a sequence can be changed by the teacher according to the feedback on student behaviors and feelings (motivation, comprehension, outcome validation, ...). The teacher should also apply some values to his behavior, as responding to change in his course’s design.

Example.
The course run over a period of 10 weeks with two 2-hours sessions per week. Lectures, games, collaborative workshops and PBL have been alternatively used. As students have a mentored software development project to lead at the same time, some workshop of PBL have been repeated in this context to help students to find user-stories from the vision. These workshops were self-organized by the student teams.

8. VALIDATING FREQUENTLY

Original pattern.
A continuous integration system builds the product and runs the tests. It ensures that once the product is built right, it stays right. To satisfy this point, this pattern suggests to validate executable specifications frequently to keep them reliable. The best practices insist on reducing unreliability and on looking for ways to get faster feedback.

Corresponding teaching-domain pattern.
Mostly, the actors build their own knowledge during the right course. The teacher is responsible for the reliability of the knowledge. The students are responsible to get faster feedback. This pattern suggests to determine the knowledge evaluation process. This process must be defined by considering some questions as: is it an individual or collective evaluation? What is the material for the evaluation? How often should we evaluate? Are grades really required as a measure of academic performance? and so on.

Example.
An evaluation has been planned at the end of each workshop. This evaluation has taken place during the assert time with an oral presentation of the outcomes. No grade is attributed for this. For each workshop of the PBL, a summary has been required per team as material for the evaluation. This summary was based on a template provided by the teacher: presentation of the workshop, deliverables, comments, and retrospective. It allows to detail knowledge, comprehension, and application of the competency taught. Such a summary could also be used as a cookbook to apply easily the competency again. At the end of the course, a report including a presentation of the PBL project and all the summaries has been delivered by each team. These reports have been graded by one grade by team to respect the collective intelligence process.

9. EVOLVING A DOCUMENTATION SYSTEM

Original pattern.
Living documentation is an artifact and the end-product of SBE. It is a reliable and authoritative source of information on system functionality, which anyone can easily ac-
cess [1]. Best practices dedicated to living documentation are: easy to access, easy to understand, and each change in the system needs to be reflected.

**Corresponding teaching-domain pattern.**

System documentation transposes to academic documentation in teaching domain. To easily access to the documentation, material courses (lectures, exercises, tutorials, references) can be deposit in repositories managed by a version control system. Each stakeholder (teacher and students) can consult or tell about changes to update material courses. The role of the teacher is to encourage students to share and update the materials to have more understandable course notes. The documentation can be alive by setting up an automatic notification system to alert all the stakeholder when a new document is added or updated.

**Example.**

Github is used to share on-line public material courses\(^5\). It provides collaboration features such as pull request or wikis. A Slack\(^6\) team has been created for this course to facilitate discussions between stakeholders. The web-service IFTTT\(^7\) connects Github with Slack to automatically notify all the stakeholder when a change in the documentation is pushed.

10. **VALIDATION**

We focus now on the evaluation of the quality (as defined in section 2) of the agile software project management course presented as the example. This course has been designed in 2015 and delivered in the fall 2015 and 2016.

The validation has been adapted from a specific framework [20] which is based on two questionnaires related to Bloom’s taxonomy of educational objectives [3] and Kirkpatrick’s levels of evaluation [13]. It has already been applied for educational games and coding dojo session [7, 21]. We adapted the terminology from game to course and we deleted some items from original questionnaires to only focus a set of teaching resources. Moreover, the evaluation is concerned by student perception in terms of motivation, user experience, and learning process. Questionnaires are given to the 80 students at the end of the course.

Results of the first questionnaire are presented in Fig. 1. It is based on [3] and evaluates the perception of the evolution of learning in the competencies taught before and after the course. It focuses on the learning goals (**doing agile** and **being agile**) with respect to the perceived impacts rated on a scale from 1 to 5. The perception of the Agile Software Development (the heart of the course) was multiplied by more than two. It is the same for the **being agile** posture that students can reused for other courses.

Results of the second questionnaire are presented in Fig. 2. It is based on [13] consists in 21 items asking motivation, user experience, and learning on a Likert scale with response alternatives ranging from strongly disagree (-2) to strongly agree (2). The majority of the students agreed strongly that the course promotes moments of cooperation. They also confirmed that they had fun while interacting with other students. The social interaction has also been the highest rated dimension. Overall, results are positive in terms of fun, challenge, and social interactions.

11. **CONCLUSION**

This paper presents a guideline for delivering a right course by structuring a teaching approach as an agile software development. We defend a new teaching way based on collective intelligence process which aims to align a course with the needs of students by designing the right teaching resources. The role of the teacher as a facilitator has also been presented as a key of success. By maintaining trust behaviors and by encouraging the communication, he helps students to collaborate efficiently and to be more commitment, more creative and more responsible. In agile software development, the most popular methodologies used are: Scrum and eXtreme Programming. We showed that SBE can be transposed to specify teaching resources. Scrum has already been transposed to manage learning experience where the responsibility for the learning process is delegated to students. No transposition has already been proposed for eXtreme Programming. We plan to study their principles, especially the transposition from a user story to a teaching story.

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Figure 2: Frequency diagram of answers with respect to the sub-component user experience.

13. REFERENCES


