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The predation impact of juvenile herring *Clupea harengus* and sprat *Sprattus sprattus* on estuarine zooplankton

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Key words: top-down control, predation, consumption, production, herring, sprat, calanoid copepods, estuary, *Eurytemora affinis*, *Acartia tonsa*

Abstract

The consumption of estuarine copepods by juvenile herring and sprat during estuarine residency was estimated using fish biomass data and daily rations calculated from two models of feeding in fish: a bioenergetic model and a gastric evacuation model. The bioenergetic model predicted daily rations that were, on average, three times higher than those estimated by a model based on field records of stomach contents. The biomass of herring and sprat in the estuary was negatively correlated with the daily ration suggesting that the clupeid fish populations were resource-limited. Copepod production decreased towards the winter and peaked in spring and summer. The relative importance of predation changed seasonally in function of the migration pattern of herring and sprat. In the spring and the summer, in situ production of copepod biomass was higher than the in situ consumption by fish. During the fall and the winter, consumption exceeded production. This suggests that top–down control exerted by marine pelagic fish may be an important force structuring estuarine copepod populations.

Introduction

Every winter, large numbers of young-of-the-year herring *Clupea harengus* L. and sprat *Sprattus sprattus* (L.) migrate to North Sea estuaries and become the dominant members of the estuarine fish assemblage, both by numbers and by biomass (Elliott et al., 1990; Power et al., 2000; Maes & Ollevier, 2002). These migrations are characterised by the rapid movement of fish between the North Sea and the estuary and a rapid resulting increment in biomass, a relatively short residence time usually within the low-salinity zone of the river and high interannual variability in maximum abundance. Based on a dynamic model to simulate the optimal habitat use of juvenile herring, Maes et al. (2005) suggested that the temperature differential which exists between the sea and the estuary may be an important mechanism to initiate the migrations of young herring and sprat to estuaries. However, the relatively high estuarine zooplankton concentration during winter months in combination with the high estuarine turbidity is another potentially beneficial factor for fish that are able to switch from visual feeding to filter feeding such as clupeids. During their estuarine residency, young herring and sprat aggregate together in large fish schools and feed mainly on the large copepodite and adult stages of estuarine copepods (Maes & Ollevier, 2002).

The high biomass of mesozooplankton in the brackish water part of temperate estuaries can be attributed to two species of calanoid copepods only: *Eurytemora affinis* (Poppe) and *Acartia tonsa*. 
While the first species occurs throughout the year with a peak abundance in spring, the latter species is only important during late summer. Marine zooplankton that enter the estuary from the sea rapidly decline in numbers and are of no importance in the brackish water zone (Soetaert & Herman, 1994).

The presence in large numbers of young-of-the-year herring and sprat in estuaries is thought to have concomitant effects on the trophic dynamics of estuaries (Henderson, 1989; Power et al., 2000). Nevertheless, the predation impact of pelagic marine fish on estuarine zooplankton is poorly-documented (but see Thiel, 2001) or has yet to be quantified for most estuarine systems. This is due to a number of reasons. First, the quantitative assessment of the predation impact of pelagic fish upon zooplankton requires reliable biomass data. In estuaries, such information may be scarce since estuarine monitoring programs are often oriented towards benthic and demersal fish species, hereby using bottom trawls as sampling tool. The abundance of pelagic species is highly underestimated in such trawls. In addition, bottom trawling yields abundance or biomass estimates in catch per unit effort or, if the gear efficiency is known, numbers or biomass per sampled area. In contrast, zooplankton data are typically presented in numbers per sampled volume, so certain assumptions or extrapolations should be made before comparing the biomasses of the different consumer levels. In estuaries, pelagic fishes can be collected in stow nets or alternatively, via cooling water intakes to obtain quantitative samples in numbers per volume. Given that cooling water intakes are efficient sources to collect fish (Maes et al., 2001), this fishing method thus improves the quality of the estimated impact of pelagic fish on lower trophic levels.

A second difficulty in assessing the predation impact is the accurate measurement of the daily ration of fish. A daily ration or specific consumption rate is the amount of food that is consumed per day per gram body weight and varies with temperature, food type and food availability (Héroux & Magnan, 1996). Direct estimation of the fish daily ration (as done in terrestrial animals) is difficult and in most cases, indirect estimates are obtained. One way of predicting the daily ration of fish is through the use of energetic models, which balance the consumed energy over metabolic processes and growth. Such models have successfully been applied to make consumer budgets of marine and freshwater fish populations (Kitchell & Crowder, 1986; Rudstam, 1988; Arrhenius & Hansson, 1993). Another approach to determine the daily ration in fish is to assess the change in stomach contents over time. This can be done in laboratory or field experiments but the daily ration of fish can also be derived from field observations. Different gastric evacuation models are available to fit in field data which result in an estimate of the daily ration (see Héroux & Magnan (1996) for a review). However, in contrast to bioenergetic modelling, the latter approach is often time-consuming and requires considerable effort (Arrhenius & Hansson, 1993).

In this paper, we analyse the dynamics of copepod consumption by herring and sprat during their estuarine residency in the Scheldt estuary (Belgium, The Netherlands). In lakes and coastal zones, planktivorous fish have been shown to alter the species composition and size structure of zooplankton assemblages (Rudstam et al., 1992; Carpenter & Kitchell, 1993; Mehner & Thiel, 1999; Möllmann & Köster, 2002), but their role in estuarine environments is less clear. A second aim was to compare and evaluate both models used to assess the fish daily ration to set a standard for future research analysing the interactions between estuarine fish and their prey.

Material and methods

Field sampling and dissection of the fish

Samples of zooplankton and fish were taken between August 1995 and September 1996 in the upper part of the Scheldt estuary nearby Doel (Belgium). A map of the study area and a complete description of the fishing method is given in Maes et al. (1998). The Scheldt is a macrotidal estuary with an average water depth of 11 m. The upper part of the estuary where the sampling was conducted has an average salinity of 8 ppm. Oxygen concentrations at the time of sampling ranged between 2.6 and 10.6 mg l\(^{-1}\). The area is characterised by a high natural turbidity (Heip, 1988).
Zooplankton was sampled 0.5 m below the surface with a 200–300 μm net. Abundance data (numbers m⁻³) were transformed to biomass data (g C m⁻³) using individual copepod weights for subadult and adult copepods (Sautour & Castel, 1995).

Herring and sprat were collected every month on the cooling-water filter screens of the nuclear power plant Doel. Numbers per sample were transformed to numbers 10⁻³ m⁻³ cooling-water sampled (density). The biomass (g C m⁻³) was calculated as the product between the fish density and the average fish carbon weight (g C), estimated using length–weight regressions:

\[
\log w_H = -12.13 + 2.69 \log L_H
\]

(Maes & Ollevier, 2000),

\[
\log w_S = -15.16 + 3.36 \log L_S
\]

(Hostens & Hamerlynck, 1993),

where \(w_H\) and \(w_S\) denote individual herring and sprat biomass (g C), respectively and \(L_H\) and \(L_S\) are total herring and sprat length (mm), respectively.

Each month, 20 individuals per fish species were randomly collected approximately every 3 h over a 24 h-interval. Stomach contents were removed, pooled, dried at 70 °C to constant weight and weighed to the nearest 0.01 mg. The average stomach weight was calculated by dividing the pooled weight by 20.

*Clupeid daily ration and consumption*

Two models of feeding in fish were used to estimate the daily ration of herring and sprat during their estuarine residency: a bioenergetic model and a stomach content evacuation model using field data.

Rudstam (1988) developed a bioenergetic model for herring, structured after a model for alewife by Stewart & Binowski (1986). We used this model to simulate the daily consumption of herring and sprat during estuarine residency. Bioenergetic models allocate daily consumed energy \(C\) over metabolic processes such as respiration \(R\) and specific dynamic action \(S\), waste losses due to egestion \(F\) and excretion \(E\) and growth \(g\) such that

\[
g = C - [R + S + F + E].
\]

For the purpose of this paper, we present only the mathematical formulation of consumption. We further assume that the bioenergetics of sprat has the same characteristics as equally sized herring (Arrhenius & Hansson, 1993). Submodels for respiration and waste losses can be found in Rudstam (1988), Arrhenius (1998) and Maes et al. (2005). The daily ration or specific consumption rate \(C\) (g g⁻¹ d⁻¹) of herring and sprat is calculated using Equation (4).

\[
C = C_{\text{max}} \times f(T) \times P \quad \text{and} \quad C_{\text{max}} = aw^{-b},
\]

where \(w\) (g wet weight) is fish body weight, \(a\) is the maximum specific consumption (0.642 g g⁻¹ day⁻¹), \(b\) is the slope of maximum consumption (0.256). The temperature-dependence of maximum consumption \(f(T)\) was defined by an algorithm (Thornton & Lessem, 1978). The parameters for the temperature algorithm can be found in Rudstam (1988) and Hanson et al. (1997). \(P\) is a fraction of maximum daily consumption, and is found by fitting Equation (3) to growth data. We assumed that the large majority of age-0 herring caught in the estuary originates from the Downs herring stock in the southern part of the North Sea. Hence, simulations of growth started 1 January 1994 at a weight of 25 mg (Heath et al., 1997). We forced the growth curve through a weight of 5.7 g, corresponding to a length at age 1 (1 January 1995) of 9 cm. This procedure yielded a value of 0.228 for \(p\). As a result, the realised consumption is 22.8% of the maximum consumption after modification by the temperature algorithm. This value falls within reported values for other clupeoids (Stewart and Binowski, 1986; Rudstam, 1988; Limburg, 1996) giving confidence in the growth model used.

The daily ration of fish can also be determined using the decline in stomach contents during a day. The evacuation of food can be estimated under laboratory conditions as the slope of the relationship between digestive track contents and time while fish are not fed or, under field situations, as the steepest slope of the daily survey of the stomach contents (Boisclair & Marchand, 1993). Since young herring and sprat are extremely sensitive to laboratory handling and contact with high associated mortality, we have used the latter method to estimate the evacuation rate. Following Möllmann & Köster (1999), the daily ration of herring and
sprat was estimated using an exponential form of the gastric evacuation model proposed by Jones (1974). Ambient water temperature $T(^\circ\text{C})$ was incorporated as a variable.

$$S_t = S_o \times \exp[-r \times \exp(cT) \times t],$$  \hspace{1cm} (5)$$

where $S_t$ is stomach content (g dry weight) at time $t$; $S_o$ is the stomach content (g dry weight) at time 0; $r$ is the evacuation rate (h$^{-1}$); $c$ is a temperature coefficient. Carbon weight of the ingested zooplankton was assumed to be 50% of the dry weight weight of the fish (g C). The feeding period for the average stomach content and $t$ is estimated using the gastric evacuation model proposed by Jones (1974). For each month, the evacuation rate is thus estimated using the maximum observed daily stomach content as a value for $S_o$ and the subsequent minimum observed stomach content as a value for $S_t$. For herring, this procedure yielded 0.086 for $r$ and 0.044 for $c$ (Non-linear regression, $N = 14$; $R^2 = 0.91$). For sprat, $r$ and $c$ were estimated 0.086 and 0.037, respectively (Non-linear regression, $N = 14$; $R^2 = 0.90$). According to Pennington (1985), the daily ratio $C$ can be estimated as

$$C = [r \times \exp(cT)] \times S \times t \times w^{-1},$$  \hspace{1cm} (6)$$

where $t$ is the duration of the feeding period, $S$ is the average stomach content and $w$ is the average weight of the fish (g C). The feeding period $t$ was set at 24 h.

The daily consumption or food intake of zooplankton biomass by herring and sprat in g C zooplankton $m^{-3}$ d$^{-1}$ was finally assessed by multiplying the biomass of herring and sprat (g C $m^{-3}$) with the daily ration (d$^{-1}$) as calculated according the two feeding models.

**Copepod daily production**

The production of copepod biomass (g C $m^{-3}$ d$^{-1}$) was assessed by multiplying the copepod biomass as recorded in the field (g C $m^{-3}$) with a weight-specific growth rate $g$(d$^{-1}$) in function of temperature (Escaravage & Soetaert, 1995; Escaravelage, personal communication). For *Eurytemora affinis*, a quadratic model adequately described the weight-specific growth rate in function of temperature $T$. For *Acartia tonsa*, a linear model in function of temperature $T$ was applied.

**Eurytemora affinis**

$$g = 0.0008T^2 \quad \text{for } T < 13.8^\circ\text{C},$$  \hspace{1cm} (6)$$

$$g = -0.0028T^2 + 0.0944T - 0.617 \quad \text{for } T > 13.8^\circ\text{C}.$$  \hspace{1cm} (7)$$

**Acartia tonsa**

$$g = 0.043T - 0.28.$$  \hspace{1cm} (8)$$

**Results**

**Annual changes in copepod and clupeid biomass**

The biomass of calanoid copepods reached maximum values in April and September, due to distinct abundance peaks of *Eurytemora affinis* and *Acartia tonsa*, respectively (Fig. 1). Stomach contents contained mainly larger copepodite and adult copepod stages but sometimes mysids also occurred in the diet of herring. Since naupliar stages were not found in the stomachs of the fish, we presented only results for the larger copepodite stages (IV, V) and the adult stages of *Acartia tonsa* and *Eurytemora affinis* in this paper. Herring and sprat peaked in biomass in November (Fig. 2). Their abundance pattern was mainly determined by migrations of 0-group individuals between the North Sea and the Scheldt estuary with typical annual maxima between November and February. During most part of the year, the cumulated biomass of juvenile herring and sprat in the estuary exceeded the biomass of the subadult and adult stages of calanoid copepods. In spring, when most herring and sprat have left the estuary to join adult North Sea stocks, the copepod biomass became larger than the clupeid biomass. There was no correlation between the biomass of herring and sprat on the one hand and the biomass of copepods on the other hand (Spearman rank correlation test; $N = 13$; $r = -0.25$; $p = 0.40$).

**Clupeid daily ration**

There was considerable variation in the daily ration of both herring and sprat depending on the feeding
model used (Table 1). The bioenergetic model predicted higher specific consumption rates than the model based on the evacuation of food. Using bioenergetics, the daily ration of herring ranged between 0.6 and 18.6% of its body weight per day. The modelled ration of herring peaked at a temperature of 17°C resulting in two annual maxima before and after the summer (Table 1). Based on a stomach contents evacuation model, herring consumed each day between 0.09 and 6.7% of its body weight. Also for sprat, the two feeding models yielded different rations (Table 1). The daily ration predicted by the bioenergetic model varied from 0.7 to 15.6% of the bodyweight consumed per day while the evacuation model resulted in rations of between 0 and 3.8% bodyweight per day.

The biomass of herring was negatively related to the daily ration based on field records of stomach contents (Spearman rank correlation test: $N = 14; r = -0.65, p < 0.05$). A similar result was found for sprat (Spearman rank correlation test: $N = 14; r = -0.70; p < 0.05$).

In situ copepod production and clupeid food demand

Estuarine fish biomass and fish daily ration were multiplied to calculate the consumed copepod biomass per day (Fig. 2). Although consumption was mainly determined by the seasonal changes in fish biomass, there still remained a difference of one order of magnitude between the two feeding models that were used to assess the daily ration. When the food intake was integrated over 1 year, sprat consumed between 60 g C $10^{-3}$ m$^{-3}$ year$^{-1}$ (gastric evacuation model) and 697 g C $10^{-3}$ m$^{-3}$ year$^{-1}$ (bioenergetic model). The annual consumption of herring was estimated at 41 g C $10^{-3}$ m$^{-3}$ year$^{-1}$ using the evacuation model and 399 g C $10^{-3}$ m$^{-3}$ year$^{-1}$ using the bioenergetic model.

In Figure 3, the production of copepods was compared with the consumption of copepods by clupeid fish. Copepod production decreased towards the winter and peaked in spring and summer. During the fall and the winter, fish consumption exceeded copepod production. This suggested that there was a net loss of copepod biomass due to fish predation. In spring and summer, production of copepod biomass was higher than the consumption.

Discussion

This study is the first to estimate the predation impact of fish on calanoid copepods in the Scheldt estuary. Our calculations show that herring and sprat exert a strong predation pressure on the larger copepodites and copepods. The relative importance of predation changed seasonally in relation to the migration pattern of yearling herring and sprat with peak predation occurring in autumn. Our results indicate that in this season, fish predation is possibly an important...
cause for the decline of the biomass of larger copepodites and adult copepods suggesting a top–down effect.

*Which feeding model should be used to calculate the daily ration of herring and sprat*

The extent of food consumption by clupeids largely depended on the feeding model used to assess the fish daily ration with the bioenergetic model predicting the highest daily rations. Models using field observations of stomach contents and a resulting gastric evacuation rate to calculate the daily ration implicitly take into account the availability of food resources as well as any other biotic interactions between competitors. In contrast, bioenergetic models are based on the individual needs of fish to realise a certain weight at

![Graph showing biomass and daily food consumption of sprat and herring](image)

*Figure 2. Biomass and daily food consumption of sprat (a) and herring (b) during estuarine residency between August 1995 and September 1996 assessed using two different models of feeding in fish.*
Thus, in case of limited resources, bioenergetic models easily overestimate consumption. Low copepod abundance for instance in October and December 1995, in combination with high clupeid abundance likely resulted in minimum daily rations according to the gastric evacuation model and higher rations according to the individually-based bioenergetic approach.

There is second reason to explain the high daily rations predicted by the bioenergetic model i.e. the extrapolation of allometric functions of respiration.

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<th>Daily ration (BEM)</th>
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<td>mg C</td>
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</table>

Daily rations (% body weight, %BW) were calculated using two models of feeding in fish: a gastric evacuation model (GEM) and a bioenergetic model (BEM). The daily ration based on gastric evacuation is derived from field data and calculated using average stomach contents (carbon weight, mg C) and the gastric evacuation rate (Equation (6)). The gastric evacuation rate is calculated using temperature and stomach contents data (Equation (5)). The daily ration based on bioenergetics is assessed using average fish size (carbon weight, gC) and temperature data (Equation (4)).
tion and consumption from adult fish to juveniles. Post (1990) reported considerable differences between the actual food consumption of young of the year *Perca flavescens* and consumption estimated from a bioenergetic model based on data from older fish. Arrhenius & Hansson (1994a, b) compared the in situ food consumption of young of the year Baltic herring with estimations from the same bioenergetic model as used in this study. They found that the bioenergetic model overestimated the daily ration of 0-group herring by a factor of 2. The difference between the field model and the bioenergetic model is related to differences in the standard metabolic rate between larvae or juveniles on the one hand and adult fish on the other hand. In bioenergetic models, the standard metabolic rate is expressed as an allometric function of body size. For adult fish, the exponent is assumed constant at about 0.8 (Clarke & Johnston, 1999), but the exponent may be different for young fish (Hanson et al., 1997; Klumb et al., 2003). Arrhenius (1998) suggested to use a revised model for young Baltic herring with alternative formulations for swimming speed and variable daily feeding periods. We have not followed this approach for two reasons. Firstly, the bioenergetic model for herring developed by Rudstam (1988) was written using physiological parameters derived from a laboratory study by De Silva & Balbontin (1974) for young Atlantic herring. Secondly, our field observations suggest that herring and sprat also feed during night. In an earlier paper (Maes & Ollevier, 2002), we have hypothesised that this behaviour relates to the high turbidity of estuarine waters encouraging herring and sprat to filter-feed rather than to feed visually. Filter-feeding schools of herring and sprat are not constrained by light and under such conditions, feeding becomes a type I response to zooplankton concentration.

While the bioenergetic modelling approach overestimates the daily ration, it can be expected that the feeding model using field observations is underestimating the actual consumption. The evacuation rate $R$ corresponds to the slope of the relation between food content and time for fish.
evacuating food during a complete evacuation cycle in field or laboratory experiments (Héroux & Magnan, 1996). In field studies like this one, the evacuation rate is derived from an observed decline in stomach contents. In case of incomplete food evacuation, this procedure yields an underestimated value for \( R \) resulting, in turn, in an underestimation of the daily ration. Consequently, we interpret our results for the daily rations based on the gastric evacuation model and the bioenergetic model as minimum and maximum values for consumption, respectively.

Evidence for top–down control of estuarine copepods?

The difference between the two models of feeding in fish did not affect our conclusion that clupeid predation resulted in the net loss of copepod biomass during the second half of the year. Further, we found a negative correlation between the daily ration calculated using stomach content data and the herring and sprat population biomass. These observations suggest that the copepodite and adult stages of the estuarine copepods *Eurytemora affinis* and *Acartia tonsa* are top–down controlled rather than bottom–up limited by food resources and that clupeid fish populations visiting the estuary are resource-limited. In the Scheldt estuary, copepods feed selectively on phytoplankton, even in the detritus dominated maximum turbidity zone (Tackx et al., 2003). Escaravage & Soetaert (1995) showed, however, that the *in situ* produced phytoplankton is only sufficient to meet the nutritional demands of the two copepod species during a limited period of the year (May and June) when the algal biomass is reaching maximum values. During the rest of the year, the consumption of copepods exceeds the phytoplankton primary production in the brackish water part of the estuary suggesting food limitation. However, copepods are able to feed on detritus which is in the Scheldt estuary not in short supply. But at present, it is unclear to which degree copepods add detritus to their diet in case of shortage of phytoplankton.

Cascading effects are an accepted concept in freshwater ecology (Carpenter & Kitchell, 1993) and there is growing evidence that top–down control also modulates to some extent the zooplankton dynamics in the North Sea (Reid et al., 2000 and references therein), the Baltic Sea (Rudstam et al., 1994) and nutrient upwelling areas (Cury et al., 2000). Whereas our results clearly show that the decline in copepods at the end of the summer and further during the fall can be attributed to fish predation, the observed pattern in fish consumption could not explain the typical *Eurytemora/Acartia* species succession that is characteristic for the brackish zone of many European estuaries just before the summer. The decline in the abundance of *Eurytemora affinis* as reported in Escaravage & Soetaert (1995) coincides with the annual ingress of large numbers of herring and sprat larvae in the cooling water intake at Doel. Although larval abundance could not be quantified on the filter screens due to the mesh size of the filters (4 mm), we hypothesize that the consumption of copepod nauplii by larvae contributes to the typical population collapse. Other studies confirm that fish larvae consume a significant part of the zooplankton production. In the Baltic Sea, larval herring and sprat accounted for 15% of the total zooplankton consumption by the clupeid fish populations in the Baltic sea (Arrhenius & Hansson, 1993). Thiel (1996) showed that in a shallow brackish bay of the southern Baltic Sea, predation by 0+, 1+ and small adults of zooplanktivorous fish led to the total collapse of the copepod and cladoceran populations in May and June. Consumption by larvae and 0+ juveniles accounted for 85% of the zooplankton consumption.

Interannual variability of copepod consumption

Long term monitoring of the estuarine fish assemblage using samples taken at the filter screens of the Doel power station (1991–2000) suggests that the seasonal migration patterns of herring and sprat are predictable. Therefore, we expect that the autumn and winter abundance of estuarine copepods is controlled every year by clupeid fish populations. The extent of these cascading effects is, however, highly variable. Already Rudstam et al. (1992) pointed out that year to year variation in absolute levels of planktivory in the Baltic Sea may be substantial due to variable year class strength of planktivores. In the cooling water catches at Doel, the peak abundance of
herring and sprat varied by a factor 15 for the years 1994 and 1996. It is thus possible that, in some years, clupeid migrations lead to the rapid decline of the copepod numbers in the estuary while in other years, top-down control may be weak. So far, the impact of yearly changing quantities of juvenile fish on the long-term stability of estuarine copepod populations has not been investigated. Besides the regular monitoring of both fish and plankton, such research would clearly benefit from a revised bioenergetic model for yearling herring and sprat to make better predictions of the fish daily ration.

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